



Welcome to the Hammerhead Kids Triathlon! Our goal is to be safe and make sure our participants have a good time! If time allows we're allowed to have a good time as well. After you have checked in to the Volunteer Headquarters (at registration), check in with your Captain and make sure they know you are working with them. They will brief you as to where you should be positioned and any specific instructions for that area. Always let your Captain know where you are. **Please report to your area as soon as possible! We need course setup between 5:30AM and 6:30AM!**

Captains

- Must report to Bonfante Gardens by 5:30AM on Sunday. Race starts at 7:30AM SHARP.
- All captains must sign check in sheet and sign volunteer waiver.
- Establish radio/phone communications along the course between course workers and the Medical RV. No section of the course should be unattended. **Visual contact with the athletes is important.** Each course worker must know the location of the closes radio and the location of the medical RV!
- All captains will be wearing the Pearl Izumi shirt. Only take one of these shirts if you plan to come back as a captain for our October 22, Very Scary Triathlon!

Volunteers

- Must report to Bonfante Gardens by 6:00AM on Sunday. Race starts at 7:30AM SHARP.
- All volunteers must sign check in sheet and sign volunteer waiver.
- Establish radio/phone communications along the course between course workers and the Medical RV. No section of the course should be unattended. Visual contact with the athletes is important. Each course worker must know the location of the closes radio and the location of the medical RV!

Cell Phones and Radio Channels

- CHANNEL 1: Emergency and medical
- CHANNEL 2: Everyone stays on this channel. Should you need to talk to someone, request your need to talk with them and go to Channel 3 or 4 to talk.
- CHANNEL 3: Talk Channel

Job	Name/Representative	Radio Channel/GMPR Freq.	Cell Phone
Announcers	Nick & Paige Goddard	2	408.888.4217, 408-857-1444
Awards Coordinator	Cristin Reichmuth	2	408.406.4112
Bike Captain	Steve Cheu	2	408.838.2747
Bonfante Gardens	Trevor Wilson	-	408.482.4914
Check-In/Registration Captain	Mandi Middleton	2	408.316.3817
Communications Captain	Cristin Reichmuth	2	408.406.4112
Finish Line Captain	Dean Raymond	2	209.518.9116
First Aid Station	Matt Osbourne	1	805.471.2599
Hospitality Coordinator	Terri Kent	-	408.607.4681
Information Station Coordinator	NA	-	-
Media/VIP Coordinator	Mandi Middleton	2	408.316.3817
Medical Service/Captain	Matt Osbourne	1	805.471.2599
Photographer	Kris Knutson	2	
Photographer 2	Stacey Reusch	-	408-425-6472
Post-Race Event Captain	Cristin Reichmuth	2	408.406.4112
Production Manager	Cristin Reichmuth	2	408.406.4112
Race Director	Cristin Reichmuth	2	408.406.4112
Run Captain	John Kent	2	408.201.2444
Security (Bonfante Gardens)	Russ Valiquette	-	408.472.0206
Swim Captain	Chris Bosso	2	408.406.7200
Timing Captain	Dean Raymond	2	209.518.9116
Traffic/Parking Control Captain	NA	-	-
Transition Captain	Maureen Wall	2	
Volunteer Captain	Cristin Reichmuth	2	408.406.4112

Medical Issues

- Please escalate any medical issues immediately. First aid can be dealt with onsite, anything more serious will be escalated to appropriate agencies.

Transition Area

- Be aware of the racer's physical state. Do they need a trip to the med room?
- Keep an eye out for observers crossing or entering the course and evacuate them ASAP yet BE CORDIAL when doing so. Make sure to warn everyone to stay off the course at all times.
- Police the bike area when kids are leaving...make sure their helmet, bib and bike numbers match up
- **Kids MUST have their bibs on before leaving T2**
- **Helmets are mandatory and the chin strap MUST be fastened prior to leaving T1**
- Make sure kids race numbers are on the FRONT OF THEIR HELMETS and on the LEFT SIDE of bike.
- Make sure kids are racked in the right age group
- Are there plenty of water and supplies at the aid station? If not, go to the Volunteer Headquarters
- BODY MARK: Age on right calf, & front of right & left leg so the run and bike captains (and crews) can direct them into the finish line which will be determined by their age! Race number on left shoulder and right shoulder.

Check In

- Register kids!
- Collect \$5 membership fee for USAT. Some may have to give an additional \$2!
- Collect Hammerhead Waiver, Bonfante Waiver, and USAT Waiver (if necessary).
- Sell other items (see for-sale list).

Swim

- Be aware of the racer's physical state. Do they need a trip to the med room?
- Keep an eye out for observers crossing or entering the course and evacuate them ASAP yet BE CORDIAL when doing so. Make sure to warn everyone to stay off the course at all times.
- Captain-line swimmers up against wall below lane assignment according to registration and bib numbers.
- Explain the number of laps to your child.
- Count the number of laps each swimmer completes.
- Wave a kick board deep in the water when the swimmer has 2 laps to go (2 laps is down and back). Wave once the swimmer has passed the flags and until they have turned.
- Help kids out of the water by reaching out your hand and pulling them FROM THE UPPER ARM! Not the hand.
- Are there plenty of water and supplies at the aid station? If not, go to the Volunteer Headquarters
- Mark any potential obstacles such as potholes with a large circle with the chalk-marker bazooka

Bike

- Be aware of the racer's physical state. Do they need a trip to the med room?
- **Kids MUST have their bibs on before leaving T1**
- Keep an eye out for observers crossing or entering the course and evacuate them ASAP yet BE CORDIAL when doing so. Make sure to warn everyone to stay off the course at all times.
- We will be marking the racer's arm with black markers. Kids may come to a stop or may ride slowly by you.
- Are there plenty of water and supplies at the aid station? If not, go to the Volunteer Headquarters
- Mark any potential obstacles such as potholes with a large circle with the chalk-marker bazooka

Run

- Be aware of the racer's physical state. Do they need a trip to the med room?
- Keep an eye out for observers crossing or entering the course and evacuate them ASAP yet BE CORDIAL when doing so. Make sure to warn everyone to stay off the course at all times.
- We will be giving kids hair ties to put on their wrists to note the number of laps completed.
- Are there plenty of water and supplies at the aid station? If not, go to the Volunteer Headquarters
- Mark any potential obstacles such as potholes with a large circle with the chalk-marker bazooka
- **KEEP KIDS OFF THE GRASS!!!**

Finish

- Be aware of the racer's physical state. Do they need a trip to the med room?
- Congratulate these kids and give them HUGE kudos!
- Remove the hair ties and give them back to the run crew
- Give them water