Ability Project Final Test

Borderline Personality Disorder Test Questions

1. \_\_\_\_\_Borderline Personality Disorder is characterized by unstable moods, behavior, and relations.
2. \_\_\_\_\_Borderline Personality Disorder is very easy to spot and diagnose.
3. \_\_\_\_\_Those with Borderline have cognitive empathy.
4. Those with Borderline deal with something called:
   1. Misophonia
   2. Split personalities
   3. Black and white thinking
   4. Hypersomnia

Paroxysmal Supraventricular Tachycardia

1. \_\_\_\_ Someone with PSVT has a heart rate of 60-100 beats per minute.
2. \_\_\_\_ PSVT can cause the symptoms that include, fainting, dizziness, anxiety, palpitations and chest tightness.
3. What is the chance of a patient inheriting or getting PSVT in their lifetime?
   1. 1/100
   2. 1/1000
   3. 1/10000
   4. 2/1000
4. PSVT risk factors do not include:
   1. Death
   2. Heart Failure
   3. COPD
   4. Inherited conditions

Dyslexia

1. Dyslexia is a malfunction in the eye that makes it hard to interpret symbols letters and numbers.
2. Dyslexia can be outgrown and is cured with medicine.
3. Dyslexics use the right side of the brain (holistic thought) much more than the right side of the brain (analytic thought)
4. Dyslexics strive in arts and are incredibly creative.
5. Which of the following does NOT benefit dyslexics in reading?
   1. New font for dyslexics created by Christian Boer
   2. Sounding out words
   3. Decoding words
   4. Rushing
6. Which one is NOT a symptom of dyslexia?
   1. Trouble reading
   2. Really messy handwriting
   3. Mistaking words
   4. Mistaking colors

Narcissistic Personality Disorder Questions

1. ­­­\_\_\_\_\_ Narcissists can take criticism.
2. ­­­\_\_\_\_\_ Feeling entitled is a symptom of N.P.D.
3. \_\_\_\_\_ Narcissists take advantage of others
4. What is directly related to narcissism?
   * 1. Lying
     2. Stealing
     3. Eating too much
     4. Abuse
5. Which is a symptom of N.P.D.?
   * 1. Paranoia
     2. Advanced Intelligence
     3. Lack of empathy
     4. Suicidal Thoughts
6. What is a difficult experience for those with NPD?
   * 1. Reading a novel
     2. Staying focused
     3. Running a mile
     4. Taking advantage of job opportunities

Obsessive-Compulsive Disorder

1. \_\_\_\_ Symptoms of OCD include repetition of thoughts and/or rituals.
2. Treatments for Obsessive Compulsive Disorder include:
   1. Therapies and medication
   2. No treatment
   3. Surgery
   4. Annual x-rays
3. \_\_\_\_\_ of people in the U.S. with OCD were diagnosed in their childhood.
   1. One third
   2. Seven eighths
   3. One half
   4. Two fifths
4. OCD is a(n) \_\_\_\_\_ disability.
   1. Mental
   2. Physical
   3. Behavioral
   4. Illness

Spina Bifida

1. The least severe kind of Spina Bifida(SB) is:
   1. Myelomeningocele
   2. Meningocele
   3. Occulta
   4. Multiple Sclerosis
2. There are \_\_\_ kinds of SB that make a cyst on the back.
   1. one
   2. two
   3. three
   4. seven

Color Blindness

1. \_\_\_\_ Color blindness is more common in males than females.
2. \_\_\_\_ People who are color blind easily get food poisoning because they are unable to tell whether meat is thoroughly cooked or not; they cannot tell if the middle of the meat is pink.
3. \_\_\_\_ A cause of color blindness is when people fall down and hit their head.
4. People who are color blind may face problems when they are driving because:
   1. They get speeding tickets a lot.
   2. They cannot tell the difference between red, yellow, and green, which are the colors of a stoplight.
   3. They text and drive, which is against the law.
   4. They are known to drive very slowly and cause accidents.

Concussions

1. ­­­\_\_ \_\_\_2.7 Million kids are diagnosed with concussions every year
2. ­­­\_\_ \_\_\_31% of concussions go undiagnosed.
3. ­­­\_\_\_\_\_Death never happens due to concussions.
4. What is the second degree of concussion?
   1. exponential
   2. severe
   3. mild
   4. moderate
5. How many people a year die from concussions?
6. 40,000
7. 150,000
8. 50,000
9. 75,000

Atrial Fibrillation

1. \_\_\_\_ Atrial Fibrillation is a disability that has to do with the heart.
2. \_\_\_\_ Atrial Fibrillation is also known as A-Fib or AF.
3. Which is a symptom of Atrial Fibrillation?
   1. Confusion
   2. Happiness
   3. Mood swings
   4. Depression
4. What is a way to treat Atrial Fibrillation?
   1. Medicine
   2. Medical procedures
   3. Lifestyle Changes
   4. All of the above

Anxiety Disorder

1. \_­\_ Anxiety is one of the most common illnesses in the U.S.
2. \_\_ Anxiety can come from genetics
3. \_­\_  Anxiety can affect a person’s jobs and careers
4. This disorder can affect daily life because it makes it harder to …
   1. Walk
   2. be independent
   3. talk
   4. read

Anxiety Disorder

1. \_\_\_\_  *Anxiety can be managed but not 100% cured.*
2. \_\_\_  *Anxiety can sometimes make you lose vision.*
3. *Anxiety affects how many people in the U.S?*
   1. 30.5 million
   2. 40 million
   3. 4.5 million
   4. 2 million
4. *Which one of these is NOT a way to get anxiety?*
   1. personal traits
   2. genetics
   3. head injuries
   4. childhood
5. *Which one of these is NOT an anxiety?*
   1. Identity anxiety
   2. panic disorder
   3. homework anxiety
   4. social anxiety

Dissociative Identity Disorder

1. What is a result of Dissociative Identity Disorder?

A. Lack of sleep

B. Loss of hearing

C. Hard to focus

D. Unable to move

1. What is a cause of this disorder?

A. Injury to the head

B. Strokes

C. Aging

D. Traumatic experiences

1. What is hard for people with Dissociative Identity Disorder to do?

A. Read

B. Unable to control actions

C. Hard to see

D. Hard to walk

1. Where can people with Dissociative Identity Disorder feel most vulnerable?

A. By themselves

B. During counseling

C. Social events

D. In their rooms

Dwarfism

1. What is the ratio of people with Dwarfism?
   1. One in 200
   2. One in 2,000
   3. One in 20,000
   4. One in 200,000

### Cataracts

1. T/F Cataracts has to do with the eyebrows.
2. T/F There are only 300 cataracts diagnosed per year.
3. T/F Cataracts is a cloudy lens.
4. Cataracts is the single greatest cause of:
   1. Blindness
   2. Color Blindness
   3. Unemployment
   4. Death
5. The only treatment for cataracts is:
   1. An Eye Patch
   2. Surgery
   3. 5 Month medication
   4. No Treatment

Attention Deficit Disorder

1. \_\_ Can ADD be cured?
2. How many people die from ADD year round?

A. 10

B. 5

C. 1

D. None

1. How long does ADD last for?

A. Life time

B. Several years

C. A and B

D. 5 years

1. What does ADD stand for?

A. Attention distract disorder

B. Attention deficit order

C. Attention direct order

D. Attention decide order

Short Answer Essay: Staple binder paper and answer THREE of the questions below. When attaching the paper, you only need to write the topic of the question you choose like: “ADD.” Use as many details as you can and write at least one paragraph. 5 points each.

1. ADD: How would someone with ADD be affected during school?
2. Anxiety Disorders: How can Anxiety Disorders affect someone’s life?
3. Color Blindness: Discuss two to three effects color blindness has on its victims. How do these effects impact their lives?
4. Bipolar Personality Disorder: How does Borderline Personality Disorder (BPD) affect those with it? List and describe at least two ways it affects them.
5. Paroxysmal Supraventricular Tachycardia: Write one paragraph explaining what the disability PSVT is, the symptoms of PSVT, and how PSVT affects them.
6. OCD: Explain what the OCD cycle is and how it works. Use the words obsessions, anxiety, compulsions, and relief.
7. Spina Bifida: Describe how people with Spina Bifida are limited in what they can do.

Essay: Name and describe three mental or physical disabilities that interested you the most and three symptoms and/or ways in which it affects them and those around them. Write at least three paragraphs using STA format. Essays must be hand written. 15 points.

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