



Breaking The Silence:
*A Presentation on Dissociative
Identity Disorder*

Student

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Core 7

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Image courtesy of NAMI

Introduction

- Two or more distinct identities (DSM-5)
 - Personalities not fully formed (WebMD)
 - Inside “host personality” (WebMD)
- Natural coping method (Mind)
 - Extreme childhood trauma (Mordecai)
- Feeling disconnected from oneself (BHC)
- Altered behavior, memory, thinking (DSM-5)
- Self-harm and/or outward harm (APA)

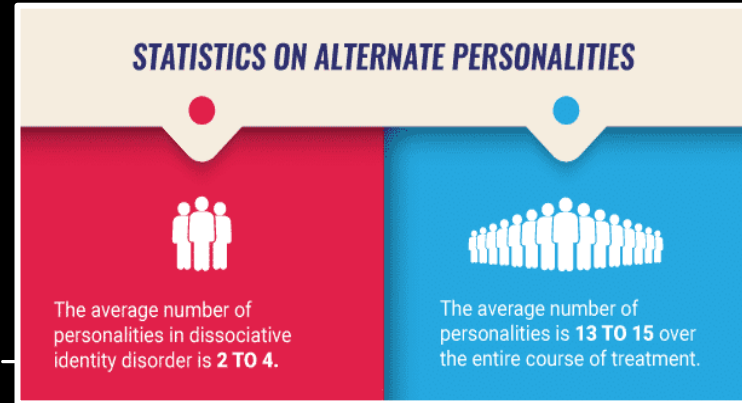


Image courtesy of The Recovery Village

Effects On The Patients

- Often suicidal (BITS)
 - 70% attempt suicide (APA)
- Disrupts mental functioning (APA)
- Personality development stopped (WebMD)
- Causes memory lapses (BHC)
 - Comorbidity dissociative amnesia (BHC)
- Keeps difficult memories at bay (MC)
 - Response to stressful/traumatic situations (Mordecai)
 - Throughout life (BITS)

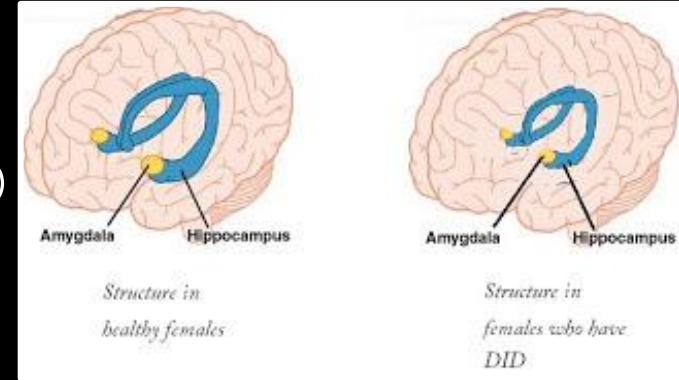


Image courtesy of Glogster

Interview with Dr. Mordecai

2022

Date of Reply: 16 Feb.

Q: Can you explain about why Multiple Personality Disorder name changed to Dissociative Identity Disorder?

A: “...the term ‘Multiple Personality Disorder’ came to have a lot of stigma attached to it. Also, it implies that someone actually has multiple personalities, as opposed to the idea that the person is ‘dissociated’ from their identity in a way that gives the impression of multiple personalities.”



Image courtesy to News Medical

Interview with Dr. Mordecai (cont'd)

Q: Do you think DID is believed by many cultures to be a sign of possession or an evil spirit?

A: “The DSM-5 states about DID that ‘The disturbance is not part of normal cultural or religious practices.’ So, if someone experiences spirit possession in a culture where possession is sometimes a normal state, DID should not be diagnosed. So ‘possession’ in some cultures is not seen as a myth, but as a culturally accepted phenomenon.”



Image courtesy of Kaiser Permanente

Treatment

- No established medication treatments (WebMD)
- Therapy-based treatment (WebMD)
 - Psychotherapy or “talk therapy” (BITS)
 - Stress management (BHC)
- Psychiatric drugs
 - Barbiturates (BHC)
- Hypnotherapy (CC)
 - Combined with psychotherapy (CC)
- Individual, group, or family therapy (CC)

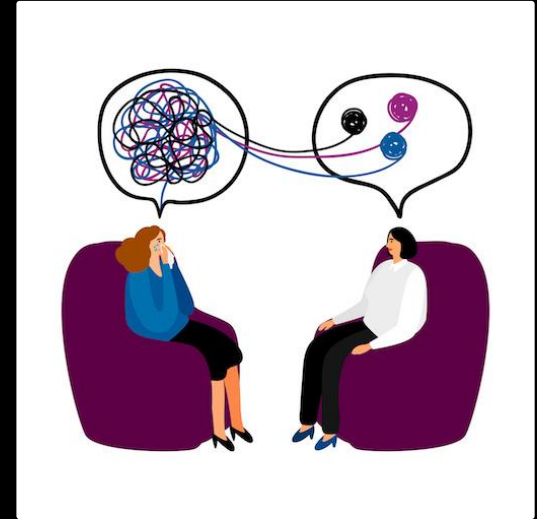


Image courtesy of NAMI

Effects On Those Around Them

- Unpredictable aggression (BHC)
- Emotional adjustment
 - Disconnected from patient (AAMFT)
- Constant identity switches (DSM-5)
- Mentally difficult
 - Be willing to listen (BITS)
- Financially difficult
 - Therapy sessions (NAMIMI)
 - \$300 - \$500 for first session (NM)
 - \$100 - \$200 every other session (NM)

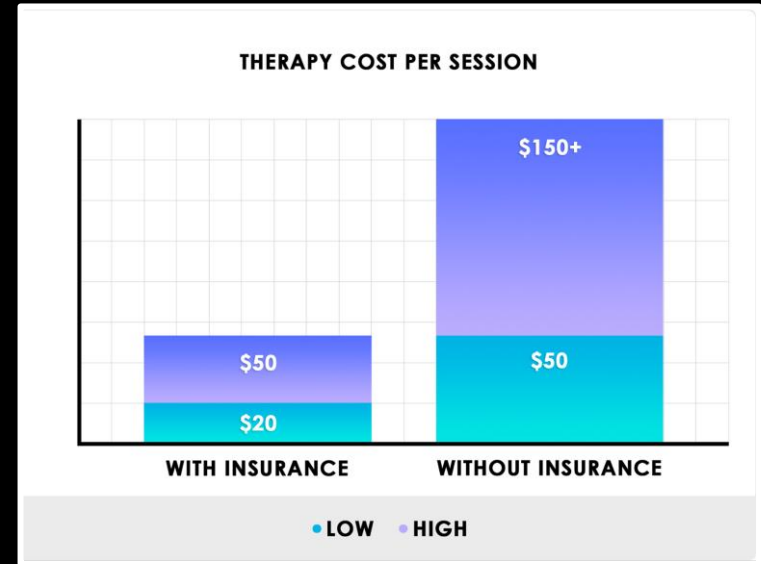


Image courtesy of Thervo

How This Project Has Affected Me

- More respect for challenged
- Gained more awareness on condition
- Never assume someone's mental health
- Everyone has their own battle
- Those around patient also affected
 - Mentally and physically

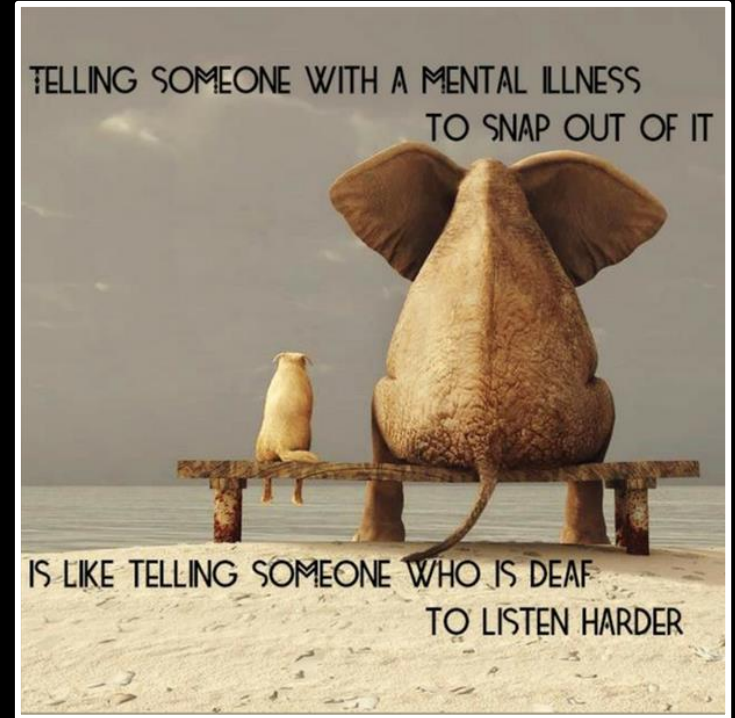


Image courtesy of Kiddipedia

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